

Name of Extension/Public Service (The name of the service being offered)	Nutrition and Wellness Clinic
Objective (Description of the service being provided; History of service provision)	The nutrition and wellness clinic is envisioned to be a key partner in promoting the nutritional well-being of UPLB and nearby communities. Its mission is to provide nutrition information through nutrition counselling, nutrition forum and related services.
Duration/Date	The clinic is open every Monday from 2:00 to 4:00 p.m.
Target Beneficiaries	UPLB constituents and nearby communities
Cost of Participation	PhP 250 for non-UPLB clients PhP 200 for UPLB clients
Office in Charge	Nutritional Sciences Division (NSD) Institute of Human Nutrition and Food College of Human Ecology University of the Philippines Los Baños
Office Profile Degree granting or non-degree granting Purpose of creation Location in the hierarchy (Background of the office providing the service i.e. Number of personnel and Key personnel providing the service)	<p>The Institute of Human Nutrition and Food (IHNF) is one of the four academic units of the College of Human Ecology, with the vision "Leadership and Excellence in the Study and Practice of Human Nutrition and Food." The Institute traces its roots to the Department of Home Technology which was established at the College of Agriculture in 1951.</p> <p>IHNF is organized into three divisions—Food Management and Administration, Nutrition Policies and Programs, and Nutritional Science. The faculty members of these divisions perform the instruction, research and public service functions of the institute.</p> <p>The Institute offers an undergraduate degree program, the Bachelor of Science in Nutrition. It also offers three graduate degree programs, the Master of Professional Studies in Food and Nutrition Planning, Master of Science in Applied Nutrition, and Doctor of Philosophy in Human Nutrition.</p>
Awards/recognition received by the office (The awards given	None



by or received by the office offering the service, if any)	
Official website and Social media accounts (The link to the official website of the service)	
External links for documentation (The external links featuring the service [for the electronic copy, e.g. features in newspapers etc.])	N/A
Contact details (The contact details of the head of the unit offering the service: fax, telephone, email, snail mail, map)	Tel. no.: (049) 536-2445 E-mail: ihnf-che@up.edu.ph
Other Remarks	Through the Nutrition and Wellness Clinic, nutrition care is provided to the elderly, particularly the retirees of the university. This undertaking is in collaboration with the Elderly Care Program initiated by the Department of Human Family and Development Studies.